

ADULT VACCINATIONS

Pneumococcal Disease | Influenza Virus

Deadly Infections in the elderly

For those 65 years or older:

- Pneumococcal pneumonia kills about 1 in 20
- Pneumococcal bacteremia kills about 1 in 6
- Pneumococcal meningitis kills about 1 in 6
- Between 71 - 85% of seasonal flu-related deaths occur in those 65 years and older

Who are At Risk?

You are at increased risk if:

- You are 65 yrs or older
- You smoke
- You have chronic health conditions or have a weakened immune system

(eg. diabetes, heart/lung/liver/kidney conditions, on immunosuppressive drugs, have HIV/AIDS, have had your spleen removed)

Medisave Claimable

Both Pneumococcal and Influenza vaccines are Medisave claimable if you are 65 years or older or if you are deemed to be in the high risk group for complications.



Pneumococcal Disease

Pneumococcal infections cause over 1 million annual deaths worldwide. Pneumococcal disease can cause severe infections of the lungs (pneumonia), bloodstream (bacteremia), and lining of the brain and spinal cord (meningitis).

2 vaccines PCV13 & PPV23 given 6 to 12 months apart (check dosing schedule with your doctor).

Influenza

A highly infectious respiratory viral illness caused by influenza A, B and C. Influenza A and B are known to cause moderate to severe disease and epidemics, while influenza C causes a mild upper respiratory disease that does not lead to epidemics. December & June are peak periods for influenza infections.

Tri-valent or Quadri-valent influenza vaccines given once a year.